

# Connect with a registered dietitian and receive a personalized plan

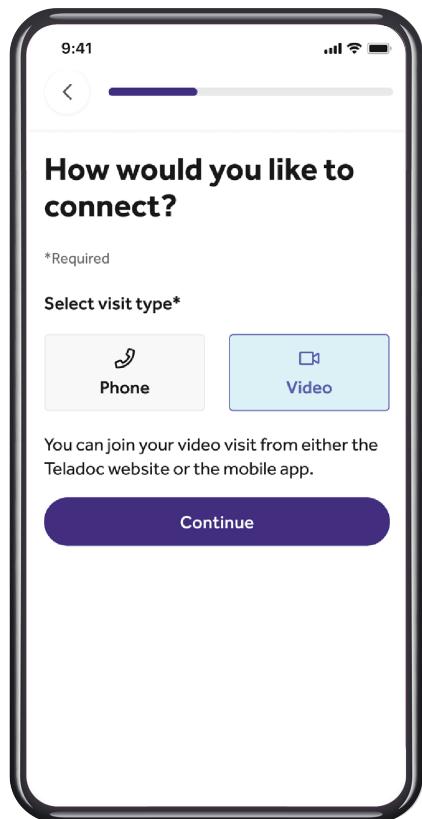


Talk to a registered dietitian by phone or video when it's most convenient for you. This service can help with:

- Weight management
- Diabetes
- High blood pressure
- Prenatal nutrition
- Other health conditions

## How it works:

- 1 Download the app, go online or call Teladoc Health to get started
- 2 Complete or update a brief medical history
- 3 Request an appointment with a dietitian for a time that's convenient for you



## Learn more

Visit [TeladocHealth.com](http://TeladocHealth.com)  
Call 1-800-835-2362 | Download the app